



FIRST DISTRICT NEWSLETTER

THE AMERICAN LEGION DEPARTMENT OF MN



AUGUST 2021

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Area Four -

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IMPORTANT DATES

Because of the COVID 19 restrictions are loosening some posts will be opening up, depending on the Governor's mandate with COVID 19 rules in place, or curb side service only. Please contact your post to see what the times and rules are.

Please keep making buddy check calls to make sure all of our fellow veterans are handling the lockdown.

You can go to the Minnesota American Legion web site (mnlegion.org) and click on the COVID 19 link for a lot of information about the state mandates, contact information and links to important PDF information files.

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MEDICAL EQUIPMENT AVAILABLE

Kasson Post 333 has a over supply of medical equipment which includes hospital beds with mattresses, wheel chairs (both regular and electric), motorized scooters and much more. If interested please call Richard Denny at 507—259—2081 for more information.

FROM YOUR COMMANDER'S DESK

Greetings American Legion Family!

As I begin my time as your Commander, I look across the 1st District and our 57 American Legion Family homes, or should I say 'Posts'? Think about it for a moment. Each Post is the immediate family. Mom, Dad and kids. In our case we would define our family as "a fundamental social group in society." The combined Post Families (57) make up the rest of the family tree. Some we see or talk to daily, some once a year and others we just hear about. For the most part, we all get along. Sometimes we disagree and get angry. Even say the wrong things. But all-in-all, we are working to move forward with a common goal, helping other family members. Our family members are called Veterans. Veterans of ALL ages, rank, sex, branches. All Veterans are one BIG FAMILY!!! Remember, Treat, as you'd like to be Treated. Be fruitful and increase in numbers. Have you heard that before? Here's how we can do that.



My project for my year as Commander is to develop and fund Technology. Why technology? It is a proven way to reach the young veteran. Through all social media. Telling the American Legion story to the masses. Think about the past 20, 30 & 40 years. How has technology changed. I believe if we, the 1st District, don't keep up with current technology we will be left behind. Losing what contact we could have with the younger veteran. We need to make sure our platforms (ie. Facebook, Website, TikTok, Instant messaging, Instagram, Snapchat and so on) meet the needs of the younger veteran and will pull them into the American Legion as members. So how do we get started? Very easy I must admit. I'm asking two for two things. First, I'm asking that each Post, Auxiliary, SAL and Riders member to send in just \$1.00. Yup, that's it, just \$1.00 per member to help make significant change in the Districts Technology. Secondly, I'm asking each Post that has gambling to designate \$200 towards the new District Technology Fund. What will all this accomplish? First, the District Membership Director and our Adjutant needs to be updated with technology (ie. Laptops) to be able to do what's being asked by Department and National as well as what I'm asking them to do for the District. Our Facebook page and website need extra helping hands to be able to reach out to potential younger veterans, Auxiliary, SAL and Rider members. From there the opportunities are endless. I can't do it alone, but the American Legion Families together can and will make a big difference. For less than a cup of coffee or can of pop, you can make a difference. Go ahead and send your \$1.00 to Finance Office Bill Goede, 630 3rd Ave NW, Plainview, MN 55964. Together we are going to make a difference. Watch for upcoming events in the newsletter of interest.

Until next time,

God Bless America

Mike Parry, Commander mparry57@gmail.com 1-507-382-8447

To the 1st District American Legion Family,

Where does the time go? It seems that just yesterday we had District Convention. And now, here we are, the 1st of August. The 4th of July-Independence Day- is passed and some county fairs have already come and gone. Department Legion Convention is in the books for another year; and for those of you who haven't heard, Kelley Adelsman was elected Department Chaplain. In the wake of that loss, I've already declared my candidacy for 2022-23. I believe sometimes God will close one door and then another door is opened. Romans 8:28a encourages me in that it says, "We know that in everything God works for the good of those who love him." I had at least 6 past Department Commanders talk to me about running for Department Chaplain again, so with their advice I have put my name in the hat. We'll see what happens. I'll leave it in God's hands.

Speaking of which, I wonder what God is thinking with all that is happening in our world. With the number of people who are crossing our borders, never a test for Covid-19 or other illnesses and then turned loose anywhere in our country. And then there's rising inflation that includes the cost of gas and lumber, doors and windows, parts for farm machinery, autos and trucks. Everywhere you look there are signs for "Help Wanted", yet few seem to want to work. If people are receiving unemployment benefits, more money can be made staying home and doing nothing, there's something wrong with our country. When that kind of thinking makes sense, Satan is having a hay day; he's playing one side against the other. You can see this at both the state and federal level. People who used to talk to one another are now at each other's throat. The state government and Washington think that they have the answers to all our problems, but no matter how hard they try, the answers lie not in the halls our state Legislature, or Congress, or in the corridors of the White House. As Rosey Grier put it, "The answer sits atop a hill called Golgotha and it stands at the entrance of an empty tomb."

We need God in America more than any other time. We need revival to happen soon, before we are too far gone as a nation that even God won't help us; so, pray for our nation, and for one another; keep service personnel in your heart and in your prayers. Check on a fellow veteran and lend a helping hand to those in need. If we do all of these things, maybe, just maybe, God will continue to bless the U.S.A.

Until Next Month, Peace and Grace to You and Yours,

Larry H. Otto, 1st District Chaplain

DISTRICT AND DEPARTMENT DATES.

August 27 thru Sept 2 - National Convention

Sept 9 thru Sept 12 – Camp-O-Ree at Legionville

Sept 12 – Department Harvest Rally – At Legionville

October 21 – 23 – Department Fall Conference in Mahnomen

November 6 – First District Fall Rally – Owatonna

December 4 – Department Pearl Harbor Rally – TBA

December 12 – First District Christmas Party – TBA

January 8, 2022 – First District Mid-Winter at Waseca Post 228

February 5, 2022 – Department Sweetheart Rally – TBA

Thursday February 17– First District Rally at Lewiston Post - 6 PM

March 12 – Department Appreciation Rally TBA

March 19 – First District Jr Conference – TBA

April 30 – First District Leaders combined testimonials – At Eyota

May 7 – First District ALR Conferences – Albert Lea

May 21—The First District Legion, SAL and Auxiliary Convention - Albert Lea

Update on First District Picnic. From Commander Mike

Thanks for holding the presses Adjutant Wayne so I could give a brief update on this year's picnic. Thank you to Grand Meadow Post 140 for hosting this year's picnic. The day was absolutely fantastic for such a gathering. So many to thank. Past Commander Dale for organizing, Chaplain Larry Otto for his super cooking, Jim Kellogg for some of the best potato chips I've ever tasted. Then there's the Auxiliary!!! It continually amazes me how the ladies can organize and manage making it so easy to get through the chow line. Thank you Auxiliary! Jr. Auxiliary President Taylor talked about her project for the year. New Auxiliary President Tanya & SAL Commander Chuck laid out their joint project for the soon to be Veterans Home in Preston. I was able to talk about my Technology Project for the year. I have to say a "Big" thank you as the picnic group kicked off my project with \$150.00!!! I'm looking forward to a Fantastic year for the American Legion Family!

FROM AREA TWO

Last month we celebrated the 4th of July or Independence Day. I hope everyone had a great day celebrating but also took the time to remember those men and women that fought to give us our freedom from tyranny, the right to life, liberty and the pursuit of happiness.

You all should have received our 2022 Membership Packets by now. A BIG THANKS to Mary Hanson for making sure they were all delivered. Membership is an important part of any organization. Not only do we need to keep/renew our past members but recruit new members. To recruit the younger military personnel and get our members more active we need to offer them something that interests them. When trying to get new members or get our current members more active they usually ask me "What's in it for me or what do you have to offer me?" So get thinking about what your Post can do to entice your members to renew their membership and possibly sign up new individuals.

In the July issue of The Minnesota Legionnaire on the front page showed Arik Manson being named the Outstanding Law Enforcement Officer of The Year of the year for 2020-2021. A police officer with the Waseca Police Department he was wounded while he responded to a call for assistance. Arik lives in Freeborn, MN along with his wife and two daughters.

This month a number of children are heading back to school so we all need to be careful and watch out. Every time I drop off my grandkids I think about those children that have attended patrol training through the Legion. Talk to your area schools about sending their students to this training. Keep our children safe.

Influencing others to accomplish the mission by providing, purpose, direction and motivation. This is the definition of military leadership. A statement I thought about every time I did a task while in the military and now today in my civilian life. Take time and think about how you can incorporate this definition into a tool that can help you accomplish your tasks at hand.

We need to try and accomplish our missions or tasks.

Area Four Vice Commander
Wes Halverson

FROM AREA TWO

I attended the change over in Stewartville on the 28th of June where I was installed as area 2 vice commander. I also attended the district planning meeting on the 8th of Stewartville. I would like to attend any of your post meetings.

Area Two Vice Commander

Gene Luedtke

FROM YOUR MEMBERSHIP DIRECTOR

All posts should have received their membership packets. Please contact me if yours is missing.

It is imperative that membership renewals not be held. They should be turned in as soon as possible. I know there are a lot of questions about mylegion.org. If you are having problems signing in and using My Legion at this point, please submit renewals via transmittals and mailed in.

The 1st District Team will be working with posts to get them trained on My Legion. We must embrace this new technology. In the end it will make things easier for everyone.

The first target date is 50% by September 9, 2021. Start contacting your members.

All members of a post are recruiters, no one person is responsible for recruiting and retaining.

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Americanism

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Wabasha

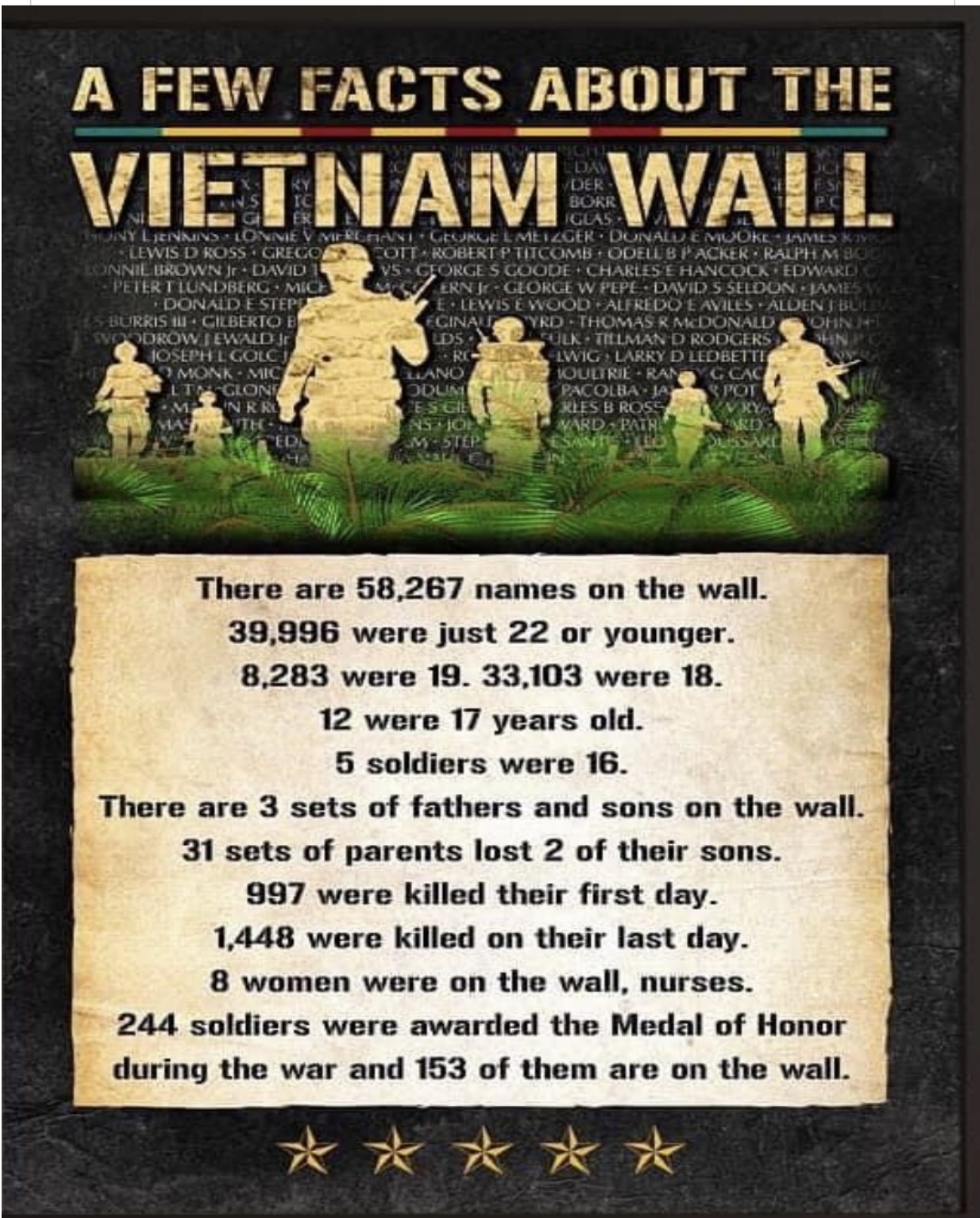
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THE MOVING VIETNAM WALL IS COMING TO PLAINVIEW

This is just a reminder that the Vietnam moving wall will be coming to Plainview on August 18th thru 22nd 2021. Since there will not be a newsletter in July more information will be forth coming in the August newsletter.

The wall needs to be guarded 24/7 so volunteers will be needed, Please make this date on your calendar. More information on the following page.

For Immediate Release – July 26, 2021

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Contact Person – Tim Scanlon

tscanlon@whitewatertax.com

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Suggested Headline: Corn on the Cob Days to include Vietnam Wall Exhibit

Or

Legion Post #179 Sponsors Vietnam Wall Exhibit for Community Celebration

The William Allen Legion Post #179 of Plainview will be sponsoring **The Traveling Vietnam Wall** in conjunction with the city's annual Corn on the Cob Days celebration held each year during the third week in August.

The exhibit, a replica of the Vietnam Wall in Washington D.C., honors the casualties of the Vietnam War. It opens to the public at noon on Thursday, August 19, and closes at 3 p.m. Sunday, August 23. Because of its largesse, it will be set up on the athletic field behind Immanuel Lutheran Church in Plainview.

The exhibit wall is 300 feet long and eight feet high at its apex. It features 58,300 engraved names of those who lost their lives in the war, as well as POW's and MIA's. The wall also includes frames with historical information about the Vietnam War. There is no charge to view the exhibit, but Legion Post #179 is accepting donations to help defray expenses.

“There are many reasons we chose to bring this exhibit to Plainview,” said Tim Scanlon, spokesperson for the legion. “First and foremost, we wanted to honor our Vietnam Vets. It has been almost fifty years since the end of the war, and we want to make sure they know that their service was valued. We had intended to bring in this patriotic exhibit for the 50th Anniversary of Corn on the Cob Days, but Covid had other ideas. So, we are celebrating 51 years of a strong, healthy community this year. What better way than to include an exhibit honoring those who served.”

Operating the exhibit will require support from community volunteers. The legion is looking for fifteen people (at least 18 years old) to help with set up and take down. Once the wall is in place, more volunteers are required to be on site 24/7 to maintain safety and security. In addition, volunteers with minimal computer skills are needed to assist visitors in locating names on the wall. The link to the sign-up site is <https://bit.ly/3iyIUHX>

Members of Legion Post #179, led by Commander Bill Getschmann, are proud to be able to share this traveling exhibit with the folks in southeastern Minnesota. The American Legion, celebrating over 100 years of service, is now open to all individuals who served in the armed forces. Their motto is “Veterans strengthening America.” The Traveling Vietnam Wall will be a great reminder of the service and sacrifice of our American soldiers.

More information on the exhibit can be found at AmericanVeteransTravelingTribute.com

To whom it may concern

THE GOLD STAR FAMILIES MEMORIAL MONUMENT

The CPL Curtis M Swenson Memorial Fund is excited to announce a project we are working on in conjunction with the Hershel "Woody" Williams Medal of Honor Foundation. The MN Gold Star Families Memorial Monument demonstrates that a community cares for the families and appreciates their sacrifice. Today, there are 64 dedicated monuments and 76 in progress throughout the United States. Our efforts in bringing this to our area would be the first in Minnesota.

Our committee has secured the new Dodge County Courthouse grounds, 721 Main Street North, Mantorville to place this beautiful monument. Three benches have already been promised. Fundraising efforts are ongoing to build and maintain the monument.

The CPL Curtis M Swenson Memorial Fund has started this effort with a \$5000 donation in hopes of matching funds. We know this may be a hardship for smaller groups but, be assured, all donations will be greatly appreciated. The 501c3 non-profit # is 46-2047833 for your tax information.

Groundwork for the monument will begin Spring 2021 with the hopes of dedicating this meaningful gift Fall of 2021.

Please send your donations to: CPL Curtis M Swenson Memorial Fund
 Attention; MN Gold Star Monument Committee
 4520 58th LN NW
 Rochester, MN 55901

Direct questions to: Scott Eggert 507-993-2414 or
 Dave Swenson 507-206-8479

Thank you for your continued support of our Military, Veterans and Their Families



**52ND ANNUAL LEGIONVILLE
CAMP-O-REE
SEPTEMBER 9TH
THROUGH 12TH**



**MUSIC, FOOD, CAMPING, FUN
ALL TO BENEFIT LEGIONVILLE**

**Pork Chop Dinner
Pork Roast
Fish Fry
Omelet Breakfast**

**BINGO
Pull-Tabs
Raffles
Music**

**Organized activities begin Thursday
RV Hook-ups, Camping, and Dormitories Available
Bring your own linens and blankets**

**\$10 per day per person to stay overnight on property
Up to \$75 Family Maximum
\$5 per day for day visitors
Ages 3 and under, FREE**

All active Military are free on Saturday


**This is a fundraiser for Legionville School Safety Patrol
Training Center. All fees are non-refundable.
Schedule subject to change. Event held rain or shine.
Questions: email legionvillecamopree@gmail.com**

SCAN ME




Memorial Day is coming so if you visit a cemetery don't remove the coins as they have meaning.

THE MEANING OF COINS ON A HEADSTONE




A penny, you stopped and paid your respects.



A nickle, you attended bootcamp with them



A dime, you served in the armed forces with them



A quarter, you were with the soldier when they were killed

IF YOU WONDERED WHY WE DO NOT WALK BETWEEN OR "BREAK" THE COLORS AT LEGION EVENTS, THIS IS THE REASON WHY.



This Is Hallowed Ground

Why You Don't Walk Between The Colors

Between the flags that proudly fly
 Let no one dare to stand
 For here our fallen comrades lie,
 We call it Hallowed Ground.
 A symbol, yes, but mark it well;
 Here let us ever humbly pause
 In Memory of the ones who fell
 In fighting for our sacred cause.

On sea or land these buddies died.
 Some lie beneath a foreign sod
 In graves caressed by winds and tide,
 In spots unknown to all but God.
 And so this place is Hallowed Ground.
 And it shall be forever blessed,
 As though it were a grassy mound
 Beneath which gallant heroes rest

Be ever watchful, Legionnaire.
 Of those two flags which signify
 That we should guard this spot with care
 Where our departed comrades lie.
 And, if a man should dare to tread
 This spot where lie our gallant brave,
 He desecrates those noble dead
 As tho he walked upon their grave.

FIRST DISTRICT AUXILIARY NEWS



Auxiliary Contacts

FROM YOUR PRESIDENT'S DESK

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August 1st District Newsletter

I am Tonia Bettermann the new 1st District President for the Auxiliary. At the District level, I have served as Executive Committee, Historian/History Chairman, Junior Activities Chairman, Membership Chairman, and Vice President. I have also been an American Legion Rider. I have served as historian, secretary and worked at the department level on the Legacy ride committee since 2015.

My daughter is Kassy Bettermann which was a past 1st District Junior Auxiliary President. She has chosen to join the Marines and just finished bootcamp. She is going to be going to training to be in Military Police. I am proud of her and her service to the country.

The groundbreaking takes place on Monday, August 9th for the new veteran's home in Preston. I have chosen to team up with 1st District SAL Commander, Chuck Stone, to sponsor a bronze plaque representing the branches of service to be placed near the flagpole at the Preston Veteran's Home. If enough is raised, we would like to sponsor the flagpole as well. We will have more fund-raising details soon.

Mark your calendars for Friday, August 13th. The Department of Minnesota Legacy Ride will be visiting the 1st District. They will be starting out in Rushford with stops in La Crescent, Eyota and Owatonna.

I also want to congratulate Patti Coleman from the 10th District for becoming the Department Auxiliary President.

I really hope everyone is having a great summer and I hope we will have a successful year. Thank you for all you do for the veterans.

Thank you,

Tonia Bettermann
1st District Auxiliary President

FROM YOUR HONORARY JR AUXILIARY PRESIDENT

Wow! What a summer! I had the opportunity to attend The Department Convention. It was my first time ever going and I loved it! It was a great experience and I met lots of new people. My next trip will be to Junior Fun Week which is Aug. 6-8th.

I have also decided to proceed to raise funds for my project and wait until the District Convention next year to give Belivet one big check.

We recently had the dedication of the LeRoy Area Veterans Memorial. It was a beautiful program and some of the Jr's helped serve cake and water afterwards.

Remember if you want to donate to my project, the checks need to be made out to: The First District ALA with The District Honorary Jr President's project in the memo line and sent to Audrey Farnsworth at: 302 1st St E, Stewartville, MN 55976

Taylor McElroy—First District Honorary Jr Auxiliary President

SOME INFORMATION ON BELIVET SERVICE DOGS

OUR PROGRAM

The Need

The U.S. Department of Veterans Affairs conducted a broad survey of recent veterans to gain better insight on their overall health. In raw numbers, it is estimated that a sobering 500,000 troops from the Gulf Wars alone have been diagnosed with PTSD, according to Miriam Reisman ("PTSD Treatment for Veterans: What's Working, What's New, and What's Next," U.S. National Library of Medicine, 2016). PTSD can be described as a mental health condition that may result from experiencing or witnessing trauma. Symptoms include flashbacks, nightmares, severe anxiety, depression, and confusion. This condition—often accompanied by major depression and/or traumatic brain injury (TBI)—can make it difficult, if not impossible, to meet the normal demands of daily life. According to the Department of Veterans Affairs, 20 deployed veterans die by suicide every day in the United States (Office of Suicide Prevention, "Suicide Among Veterans and Other Americans, 2001–2014," 2016).

Our Response

Trained service dogs can provide an essential source of security, affection, and connection for our veterans. Belivet™ dogs are custom-trained for mobility and psychiatric tasks. They can wake a veteran from a nightmare, ease their anxiety in a crowded public place, and provide comfort through companionship and physical contact. Our dogs also help keep veterans on a schedule because the dogs need care and attention on a regular basis.

There is a growing body of research and clinical evidence supporting the value of service dogs. Despite this, neither the Veterans Health Administration nor most private insurers pay for or provide reimbursement for psychiatric service dogs for people diagnosed with PTSD. Belivet™ provides highly trained service dogs, free of charge, to disabled veterans, helping them to lead more productive, independent lives. A service dog provides a sense of security, greater independence, non-judgmental acceptance, affection, physical assistance, and peace of mind.

Our Dogs

Belivet™ service dogs transform the lives of veterans and their families. The dogs come from shelters, rescue groups, and generous individuals. The training process for the service dogs is as follows:

1. Over the course of 18 months, Belivet™ cares for and trains our service dogs to become ADA-approved and certified. During this time the dogs live with a foster family.
2. Belivet™ matches a veteran with a service dog and provides additional training tailored to the veteran's individual needs. Together, the veteran and service dog participate in 120 hours of training, including public access training and testing. Belivet™ provides all equipment free of charge.
3. Graduation! Once training is complete, the dog and veteran graduate. The Belivet™ service dog goes to live with the veteran.

Our Facility

Belivet™'s training facility is located on 12 acres just 3 miles outside of Northfield, Minnesota, (45 minutes south of Minneapolis). Our facility is heated and air-conditioned, and includes indoor and outdoor training spaces, and fenced outdoor airing yards. We can accommodate a maximum of 25 dogs at capacity.

For more information check out their website at: belivet.org

How to make a *Face Mask*

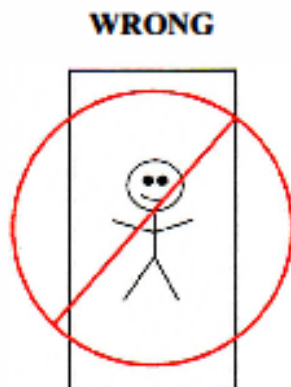
You will need a cotton fabric, any print for adult: 100% cotton, tightly woven fabric is preferred. Cotton flannel for the backing is preferred, though a different print of standard cotton is accepted.
 1/8" flat braided elastic
 Cut the elastic 7" long

Adult face mask (9"x6")

1. Put right sides of cotton and flannel fabric together.
2. Starting at the center of bottom edge sew to the first corner, stop. Sew end of elastic to corner. A few stitches forward and back will hold this.
3. Sew to the next corner, stop, and bring the other end of that same elastic to the corner and sew a few stitches forward and back.
4. Now sew across that top of the mask to the next corner. And repeat #2 to the corner.
5. Sew to next corner and sew in the other end of the same elastic.
6. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out
7. Pin 3 tucks on each side of the mask to create pleats. Make sure the tucks are the same direction.
8. Sew around the edge of the mask twice.



RIGHT



adapted from pattern by

TURBAN PROJECT 501 c3



Full Tutorial on their Facebook and Website

CHANGES TO THE AMERICAN LEGION AUXILIARY ELIGIBILITY

The American Legion Constitution and Bylaws has been updated to replace the word “wife” with “spouse,” related to the membership criteria for the American Legion Auxiliary (ALA).

Here are some common questions and answers to what this means going forward:

Question: Why change ALA membership eligibility?

Answer: In 1920, veterans were almost 100 percent male so the ALA was formed as the organization for the spouses of the veteran — those spouses just happened to be women.

Today, an estimated 16 percent of enlisted people and 18 percent of officers are women, who may be married to a non-veteran. To keep the ALA as the organization that supports spouses of the veteran, we need to change the ALA’s definition from wives to spouses, thereby updating the organization to represent the changing makeup of the military.

Q: How can this change help ALA membership?

A: Think about female spouses who are alone as their husband is deployed. They have the ALA to lean on. Who can the male spouse rely on? With this eligibility change, now male spouses who are ALA members can receive the same support while their wives are deployed.

Q: Would this change need to be approved by Congress?

A: No, because the American Legion Auxiliary is not chartered by Congress. The American Legion, which was chartered by Congress, created the ALA. The Legion approved the ALA to operate as a separate corporation; however, The American Legion has always set the eligibility requirements of the ALA in their bylaws.

Q: What about the previous communications issued by former ALA leadership claiming this change could not happen? Why is that information inaccurate?

A: Previously released messaging could have been interpreted by members to mean ALA needs congressional approval for this change to happen. That information is inaccurate. The American Legion Auxiliary is not chartered by Congress.

Q: ALA refers to itself as the world’s largest women’s patriotic service organization. How can we allow men to join?

A: Now that the resolution has been adopted by The American Legion, the Auxiliary will no longer call itself the world’s largest women’s patriotic service organization.

Q: How would this change affect the American Legion Auxiliary membership application or signing up new members?

A: We anticipate taking applications on Sept. 1.

AUXILIARY MEMBERSHIP NEWS

THIS IS THE NEW APPLICATION FORM FOR THE AMERICAN LEGION AUXILIARY



American Legion Auxiliary MEMBERSHIP APPLICATION

APPLICANT INFORMATION		
Name (First)	(M.I.)	(Last)
Address		
City	State	ZIP
Home Phone	Cell Phone	Email Address
/ /	<input type="checkbox"/> Birth - 17 <input type="checkbox"/> 18 and over	
Date of Birth (Required)	Unit #	Location
Have you been a member previously? <input type="checkbox"/> Yes <input type="checkbox"/> No (If yes, fill in below.)		
Previous Unit City/State	ALA ID# (if known)	
	/ /	
Signature of Applicant (or legal guardian if under 18)		Date

ELIGIBILITY INFORMATION	
Eligible Through—Name of Veteran (Female Veterans: List Your Own Name)	
If Living:	American Legion Member ID # Post # City State
<input type="checkbox"/> Deceased—If veteran is deceased, contact ALA unit about the necessary military records. For Veteran's DD214 Discharge Papers: www.archives.gov/veterans/military-service-records	
Veteran Served:	
<input type="checkbox"/> WWI (4/8/1917-11/11/1918)	
<input type="checkbox"/> Anytime After 12/7/1941 (check all that apply):	
<input type="checkbox"/> Global War on Terror	<input type="checkbox"/> Panama <input type="checkbox"/> Vietnam <input type="checkbox"/> WWII
<input type="checkbox"/> Gulf War	<input type="checkbox"/> Lebanon/Grenada <input type="checkbox"/> Korea <input type="checkbox"/> Other Conflicts
Applicant's Relationship to the Veteran:	
<input type="checkbox"/> Male Spouse <input type="checkbox"/> Female Spouse <input type="checkbox"/> Mother <input type="checkbox"/> Grandmother <input type="checkbox"/> Sister <input type="checkbox"/> Self	
<input type="checkbox"/> Direct Female Descendant (daughter, granddaughter, great-granddaughter, etc.)	
To Be Completed By The American Legion Post Adjutant/Officer	
I certify that the above named individual served at least one day of active duty during the dates marked above and was honorably discharged or is still serving honorably.	
Post Adjutant/Officer Membership Verification	/ / Date

HELP US GET YOU CONNECTED!	
I am interested in learning more about:	
<input type="checkbox"/> Volunteering for Veterans, Military, and Their Families	
<input type="checkbox"/> Youth Activities, Including ALA Girls State, Junior Member Programs, and Scholarships	
<input type="checkbox"/> Member Discounts and Services	
<input type="checkbox"/> Other	
Please contact the following individual about volunteering or joining the American Legion Auxiliary:	
Name	Phone Email
Name	Phone Email
Name	Phone Email
Recruiter's Name	Unit/Post # City State

Submit this application to the ALA unit you wish to join. If unit is unknown, contact National Headquarters at (317) 569-4500 for assistance. Annual dues must accompany completed application. Ask local contact for amount due. *Membership pending approval of application.*

SONS OF THE AMERICAN LEGION NEWS



COMMANDER

Chuck Stone
 Chuck Stone
 1625 Crestview Lane – Owatonna, MN 55060
 507-213-7517
 castoney@hotmail.com

Greetings First District American Legion Family,

Wow! Where has the summer gone? Mark your calendars for Friday August 13th. The Department of Minnesota Legacy Ride will be visiting the First District. They will be starting out in Rushford with stops in La Crescent, Eyota and Owatonna. Come out and cheer them on, wave your American flag and bring along a donation for the Legacy Find.

Are you or do you know of a disabled veteran that would like to go deer hunting but can not due to their disability restrictions? If so and would like to go on a hunt please contact me for more information. The John Zgoda Disabled Veteran Deer Hunt will be October 1st, 2nd & 3rd. I have applications.

ADJUTANT

With the ground breaking on Monday August 9th for the new veterans home in Preston I have chosen to team up with First District Auxiliary President Tonia to sponsor a bronze plaque representing the branches of service to possibly be near their flag pole. If enough is raised we would like to sponsor the flag pole too. More fund raising details will be out soon.

EAST SIDE VICE COMMANDER

Brian Tomasheck
 560 East fifth St
 Winona, MN 55987
 507-454-5998
 btoma0210@gmail.com

Congratulations go out to Tim Weaver from La Crescent on becoming Detachment of Minnesota Commander.

Chuck Stone
 First District SAL Commander

WEST SIDE VICE COMMANDER

MEMBERSHIP

JUDGE ADVOCATE

HISTORIAN

SGT AT ARMS

FINANCE OFFICER



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 BROWNSDALE, MN 55918
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 EMAIL - roe.land@yahoo.com

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 Phone 507-459-5962
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 EMAIL - mark-maloney1962@gmail.com

CHAPLAIN - SCUFFY PAULSON
 26043 St Hwy 43
 Rushford, MN 55971
 Phone - 507-450-8493
 EMAIL - scuffypaulson888@yahoo.com

HISTORIAN - TONIA BETTERMAN
 1625 Crestview Lane
 Owatonna, MN 55060
 PHONE - 507-456-2315
 EMAIL— betttm88@outlook.com

On May 1st the First District Legion Riders held elections for the 2021-2022 officers. They are as follows:

Roe Naylor – President

Chuck Stone – Vice President

Joe Smilie – Sgt at Arms

Sunshine Miller – Secretary

Mark Maloney – Financial Advisor

Scuffy Paulson – Chaplain

Tonia Bettermann – Historian

Two chapters are hosting fundraising rides in July. See newsletter for the flyers for more details. Austin/Prevent 22 Ride is July 10 & Eyota/PTSD Awareness Ride is July 31.

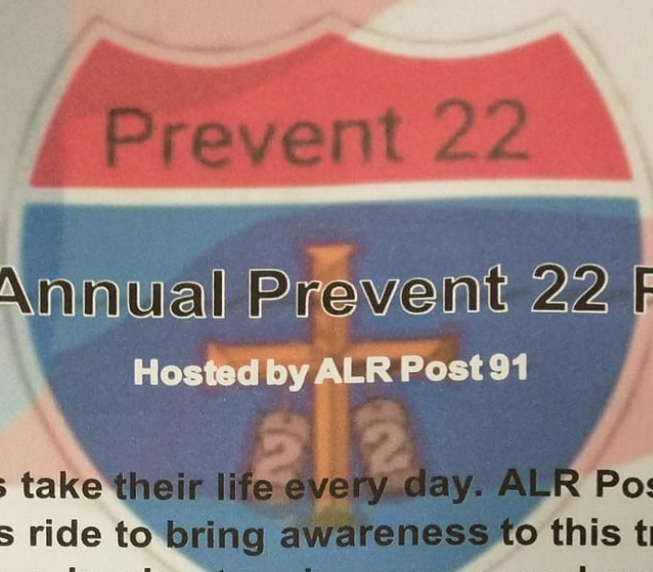
We are discussing restarting the Tour of the First District Ride in 2022. For this year if you would like us to present your donation at the Department Legacy Scholarship Ride in August please send checks to:

Karla Miller
 845 54th Avenue, Apt E
 Winona, MN 55987

Donations of any amount would be greatly appreciated. If you are using gambling funds, please make the check out to: **The American Legion Foundation, Fund 84**

Respectfully Submitted,

Karla “Sunshine” Miller, Secretary



Prevent 22

1st Annual Prevent 22 Ride

Hosted by ALR Post 91

22 Veterans take their life every day. ALR Post 91 is putting on this ride to bring awareness to this travesty. With your help we are hoping to raise money and support for those Veterans in need. So come and enjoy a great ride and fun time, and support an even greater cause. Together we can make a difference and save a life.

When: July 10, 2021

Where: Austin VFW

Start: 8am sign up, Kick stands up at 9 AM

End: Approximately 4:45 PM

1. Food
2. Entertainment
3. Small Auction

stops will include:

1. Adams Legion
2. Preston Legion
3. Rushford Legion-Lunch
4. Lewiston Legion
5. Eyota Legion
6. Kasson Legion
7. Austin legion

\$22 Minimum (1-2 people)

\$11 per person per vehicle (3 or more people)

All street legal vehicles welcome

American Legion Riders Post 91 Bob Kvam Memorial Scholarship Cruise

Cruising for Knowledge on Saturday August 28th 2021



Start at American Legion in Austin
Registration 9:30 AM
Coffee & donuts available
Departure: 11:00 AM
End in Myrtle: 5:00 PM
Food and Music available at end of run

“ Each year the American Legion Riders Post 91 Bob Kvam Memorial Scholarship help students with their tuition needs providing scholarships to 3 individuals each year”

Bikes & All Road Legal Vehicles
Welcome \$20 per Vehicle Entry Fee

100% of all Proceeds go to the ALR Post 91 Bob Kvam Scholarship

American Legion Post 91
809 12th St SW Austin, MN 55912



Cheers (Waltham)
 Skjenke Bom Lounge (Grand Meadow)
 American Legion (Adams)
 Lyle Liquor (Lyle)
 Hunter's Bar (Myrtle)

For more information contact Roe Naylor@ 507-438-5804