

*Olmsted County
Veteran Services
Veterans Advocate Newsletter
July 2021*

Changes in Olmsted County Veteran Services!

Veteran Services is now open for scheduled appointments and walk ins.

Office Hours:

Monday - Friday - 8 a.m. - 5 p.m.

Walk-In Appointments: Monday - Friday, 8 a.m. – 11 a.m.

Appointments taken Monday - Thursday, 1 p.m. – 3 p.m.

[Olmsted County Veterans Appointment Calendar](#)

[Veterans | Olmsted County, MN](#)

Address:

Olmsted County Veteran Services Office
2100 Campus Drive SE, Suite 200
Rochester, MN 55904

Phone: 507-328-6355

Fax: 507-328-7950

Emails:

Service Officer Supervisor: Ashley Laganieri, ashley.laganieri@olmstedcounty.gov

Service Officer: Nathan Pike, nathan.pike@olmstedcounty.gov

Service Officer: Jennifer Shumaker, jennifer.shumaker@olmstedcounty.gov

Admin: Karen Applen, karen.applen@olmstedcounty.gov



Don't miss this . . .

VERY SPECIAL EVENT

On July 20th at 5 PM to 7 PM the Veterans & Emergency Services Museum - Rochester, MN, is sponsoring a special event at the Soldiers Field Veterans Monument.

The program will feature presenting WWII B-17 Bomber Pilot Captain Joyce Johnson with the medals and ribbons he had earned but never received while on Active Duty with the 8th Air Force in Europe from June 1944 to July 1946.

Why are we doing this now? Because it is high time for this oversight to be corrected and what more appropriate time than on his 100th Birthday.

The event is open to the public & there is no admission fee.

Come and join us as we Honor a true American Hero.

HAVE A QUESTION? CONTACT:

Richard G. Krom, President
Veterans & Emergency Services Museum
Cell Ph: 507-259-6708
Email: rgkrom42@gmail.com

STEEL HORSE MILITIA BIKE NIGHT



EVERY 3RD WEDS / MAY-SEPT / 5-9
5/19, 6/16, 7/21, 8/18, 9/15

AMERICAN LEGION POST #92
915 21ST AVE SE
ROCHESTER, MN
RAFFLES / GIVEAWAYS / FOOD / DRINK



FACEBOOK / STEELHORSEMILITIA /
MERCH: TEESPRING / STORES / STEEL-HORSE-MILITIA

Center for Grief Education and Support



ONGOING PROGRAMS

Please note that our groups have two different formats (Virtual = V or In-Person= IP).

NEWLY BEREAVED GROUP

A group for anyone who has experienced the death of a loved one within the last year.

PREGNANCY & INFANT LOSS

A group for those who have lost a baby through miscarriage, stillbirth, at the time of birth or within the first month after birth.

DROP-IN TEEN DAYS

A group for teens grades 7-12 in a safe, creative space where they can share their story of loss.

SURVIVORS OF SUICIDE GROUP

A group for those who have lost someone close to them through suicide.

STEPPING STONES

A group for ages 65 and younger who have lost a spouse or significant other. We will meet outside around our fire table, weather permitting.

VETERANS LOSS & TRANSITION DISCUSSION GROUP

A discussion group led by veterans and CGES staff focusing on the challenges and transitions experienced by veterans.

PET LOSS GROUP

A group for those who have lost a pet through death.

YOUNG ADULT LOSS

A group for young adults who have experienced a recent death.

SPECIAL PROGRAMS

ADULT GRIEF GROUP/YOUNG LOSS GRIEF GROUP

These ten-week groups provide a safe, confidential place to learn about the process of grieving and teaches practical coping strategies to manage the experience of accepting the reality of the loss. Offered in Spring, Fall and Winter.

MOVING AHEAD: REBUILDING YOUR LIFE

When we lose a loved one, we find ways to accept the reality and gradually discover the extent of our losses. As our journeys continue, we begin to look at what we can rebuild for ourselves; what life holds for us. Registration is required.

MANAGING HOLIDAYS AND SPECIAL DAYS

A virtual workshop providing an opportunity to explore the difficulties associated with mourning during special days and steps to manage those experiences.

MEMORIES OF THE HEART

A virtual memorial service including candle lighting, music, reflections and a reading of the names being remembered.

TREE OF MEMORIES

Located on the Seasons Hospice Administrative Office grounds. The tree will remain illuminated throughout the holiday season.

All grief group participants must be registered 24 hours in advance. To register or for more information please email CGES@seasonshospice.org. Virtual (V) groups will be using Zoom and participants will receive a link or phone number after registering. In-person (IP) group participants must register, wear a mask, have temperature taken upon arrival and complete a questionnaire prior to each group. Individual counseling is available via phone or in-person by appointment.

We offer individual counseling by appointment. All sessions and groups are held at the Center for Grief Education and Support.

1696 Greenview Drive SW, Rochester, MN 55902 Phone: 507-285-1930 Email: cges@seasonshospice.org Web: www.seasonshospice.org/grief-support



Center for Grief Education and Support

SEASONS HOSPICE

July 2021



Please note that our groups have two different formats (Virtual = V or In Person= IP). See below for details.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Newly Bereaved Group 12:00-2:00 p.m. (IP) Newly Bereaved Group 6:30-8:30 p.m. (IP)	2	3
4	5 OFFICE CLOSED	6	7	8 Pregnancy & Infant Loss 6:30-8:00 p.m. (IP)	9	10
11	12	13	14 Pet Loss Group 5:00-6:00 p.m. (V)	15 Newly Bereaved Group 12:00-2:00 p.m. (IP)	16	17
18	19	20	21 Teen Drop-in 4:30-5:30 p.m. (IP) Survivors of Suicide 6:00-7:30 p.m. (IP)	22	23	24
25	26 Stepping Stones 6:30-8:00 p.m. (IP)	27	28 Young Adult Loss 6:00-7:30 p.m. (IP)	29	30	31

1696 Greenview Drive SW, Rochester, MN 55902 Phone: 507-285-1930

Email: cges@seasonshospice.org Web: www.seasonshospice.org/grief-support Facebook: www.facebook.com/SeasonsCGES

SOLDIERS ROCK KASSON

JULY 24

AMERICAN LEGION POST 333

KASSON, MN

RIDE 11-4

FOOD TRUCKS

BEAN BAGS

RAFFLE

MUSIC 7-11

LOST FACULTIES

**PROCEEDS DONATED TO GOLD STAR MEMORIAL
HOSTED BY STEEL HORSE MILITIA**



Opportunity presented by Walleye Searchers of MN for Veterans.

<https://walleyesearchers.org/>

"Take a Veteran Fishing"

When: August 21st 2021

Where: Colville Park, Red Wing, MN

Please arrive by 0800 to be paired with a boater. Fishing will start at 0900 and free lunch will be served at 1430.

All gear and equipment will be provided by volunteer boater. Veteran only needs to show up and have a great time.

Any questions or thoughts, please reach out to Kolt Krumpus (507) 993 - 7346 or Nick Dennison (507) 358- 1764





PTSD Support Group

Want to: Know that others are going through something similar to you? Learn tips on how to handle day-to-day challenges? Meet new friends or connect with others who understand you? Learn how to talk about things that bother you or how to ask for help? Learn to trust other people? Hear about helpful new perspectives from others? Then this is the group for you!

SEMCIL, and Olmsted County Veteran Services is offering a support group for Veterans that have been diagnosed with PTSD, or those who have signs and symptoms of PTSD, and their family members. Sometimes the most painful injuries aren't physical. Whether it's PTSD, TBI, combat stress, or any other mental health condition, we're here to help you get through it. The group will be facilitated by Jennifer Shumaker, Veteran and Olmsted County Veterans Service Officer.

Thursday, July 22

Annual Picnic, guest speakers, food, family, fun!

ALL are welcome!

630pm-800pm

VFW

2775 43rd Street NW

Rochester, MN 55901

Jennifer Shumaker

(507) 328-6324

shumaker.jennifer@co.olmsted.mn.us

LOCAL MEETINGS

Some organizations have resumed meetings. Call each one respectively for more information.

Rochester American Legion Post 92

(507)282-1322
915 21st Ave SE
Rochester, MN 55904
3rd Tuesday of each month
7pm
Auxiliary Unit 92
3rd Tuesday of each month
5:30pm
Sons of the American Legion
2nd Thursday of each month
6PM
Legion Riders
3rd Thursday of each month
7pm

Rochester VFW Post Meeting

(507) 289-6818
2775 43rd St. NW
Rochester, MN 55901
2nd Tuesday of each Month VFW Post 1215
7pm
Marine Corps League
4th Tuesday of each month
7pm

Byron American Legion Post 119

(507) 775-6871
505 Frontage Road NW, Byron, MN
3rd Monday of the month
6pm

Vietnam Veterans of America

(507) 990-1347
Meets 4th Monday each month
at 7:00pm,
Vietnam Veterans Spouse Support Group
Meets 4th Monday each month
At 7:00pm
Thor Detachment 606 Marine Corp League Meeting
4th Tuesday of the month, 7pm
MOPH
3rd Thursday of the month 6pm
VFW Post 1215
2775 43rd St NW, Rochester, MN 55901

Stewartville American Legion Post 164

(507) 533-9281
1100 2nd Ave NW, Stewartville
Meeting 3rd Monday each month, 7:30pm

Stewartville VFW Post 8980

(507) 533-9281
1100 2nd Ave NW, Stewartville
Meeting 1st Monday each month, 7pm

DAV Meeting

(507) 773-5055
1652 Hwy 52 N, Rochester, MN 55901
2nd Monday, of each Month Rochester's Elks Lodge
5:30pm dinner, meeting at 6:00pm

Korean Veterans

Every Monday at Grandmas Kitchen
1514 N Broadway, Rochester, MN 55906
(Silver lake plaza)
8 AM

Kasson American Legion Post 333

(507) 634-4353
212 West Main Street , Kasson, MN 55944
Third Thursday of the month, 8pm

Chatfield VFW Post 6913

(507) 867-3144
9- 2nd St SW, Chatfield, MN
2nd Monday of the month 7:00pm

Eyota American Legion Post 551

(507) 545-2688
2nd Monday each month 6:30pm
11 Madison Ave NW
Eyota, MN 55934
Legion Riders
4th Wednesday each month 7:30pm

Pine Island American Legion Post 184

(507)356-8991
108 1st Ave SE
Pine Island, MN
2nd Monday of the month 7PM

Oronoco VFW Post 9647

(507) 367-4635
5 MN Avenue S
Oronoco, MN 55960
First Tuesday of each month 7pm
Auxiliary meeting same time, separate meeting

Dodge Center American Legion Post 384

(507) 633-6420
401 Highway St W
Dodge Center, MN 55927
2nd Monday each month 7pm

“To promote the interests and welfare of veterans, their dependents and survivors and to enhance their quality of life through counseling, claims assistance, education, advocacy and special projects.”

Veteran Services
2100 Campus Drive
SE, Suite 200
Rochester, MN 55904

