

September 2014

**Olmsted County Veteran's
Service Office**

[Veteran's Advocate](#)



Veteran Services
2100 Campus Drive SE,
Suite 200
Rochester, MN 55904
(507) 328-6355



**DEER HUNTING OPPORTUNITY FOR SERVICE CONNECTED
VETERANS
NOVEMBER 13 – 16, 2014
OLMSTED COUNTY'S CHESTER WOODS PARK**

**SPONSORED BY: Olmsted County Parks/Public Works
Olmsted County Veterans Service Office
MN Disabled American Veterans Chapter 28**

Olmsted County Parks, in collaboration with the Olmsted County Veterans Service Office and MN Disabled American Veterans Chapter 28 is offering an opportunity for a limited number of service connected, disabled veterans to deer hunt within the boundaries of Chester Woods Park during the 2014 3A firearms deer season.

The lottery is open to all military veterans and active duty military with documented service connected disability and a Minnesota deer hunting license. Final selection of the hunters will be made by the Olmsted County Veterans Services office with priority based on disability rating. Each chosen Veteran will be allowed to sign up and have two DEERS dependents hunt with them.



Olmsted County Veteran's Services



Mission

Salute exists to create an atmosphere of camaraderie and trust in the local veteran community for **Active Duty, Guardsmen, Reservist** and **Veterans**. As honored professionals we focus our skills to mentor, teach, and enhance futures by offering education, jobs, and financial guidance.

Salute will be hosting a: **Job Fair**

Monday, Sept. 15th 2014

10am-3pm

Events at the Ramada

1517 16th St SW

Rochester, MN 55902



Education



POST-9/11 GI Bill

The Post-9/11 GI Bill program is comprised of multiple payments. If you are not eligible for the full benefit, the payment and maximum amounts will be prorated based on your eligibility percentage. Under the Post-9/11 GI Bill you may receive a:

- Tuition & fee payment sent directly to the school
- Monthly housing allowance sent to you
- Books and supplies stipend sent to you
- One-time rural benefit for certain veterans

http://www.benefits.va.gov/GIBILL/resources/benefits_resources/rates/ch33/ch33rates080114.asp#MHA

Vocational Rehab

You may receive vocational rehabilitation and employment services to help with job training, employment accommodations, resume development, and job seeking skills coaching. Other services may be provided to assist Veterans in starting their own businesses or independent living services for those who are severely disabled and unable to work in traditional employment.

If you need assistance with VA educational benefits, please contact Olmsted County Veterans Service Office at: (507) 328-6355 or Mark Larsen, VA Regional Education Coordinator for this area at: (507) 779-9375





PTSD Support Group for Veterans and their family members

THE MEETING WILL NOW BE CONDUCTED AT THE AMERICAN LEGION POST 92
315 1st Ave NW, Rochester, MN 55901

SEMCIL Veteran Services is offering a support group for Veterans that have been diagnosed with PTSD, or those who have signs and symptoms of PTSD, and their family members. Maybe you need to talk or just be in the company of your extended Veteran family. The support group will be a place for Veterans to share, heal and talk about their experiences in dealing with PTSD. We will be there for each other.

We are our brothers and sisters keepers because the oath we took to never leave a fallen comrade has no expiration date. For many of us, combat veterans, there are daily reminders of combat stress.

The group will be facilitated by Jennifer Shumaker, Veteran and Olmsted County Veterans Service Officer.

Upcoming meetings:

Thursday, August 28, 2014

Thursday, September 25, 2014

Thursday, October 30, 2014

6:30pm-8:30 p.m.

American Legion Post 92

315 1st Ave NW,

Rochester, MN, 55901

Jennifer at 507-328-6324 or shumaker.jennifer@co.olmsted.mn.us



September is suicide prevention month!

Suicide prevention and awareness month is designed to promote worldwide action to prevent suicides. Various events and activities are held during this occasion to raise awareness that suicide is a major preventable cause of premature death.

Nearly 3000 people on average commit suicide daily, according to World Health Organization. For every person who completes a suicide, 20 or more may attempt to end their lives. About one million people die by suicide each year. Suicide is a major preventable cause of premature death which is influenced by psycho-social, cultural and environmental risk factors that can be prevented through worldwide responses that address these main risk factors. There is strong evidence indicating that adequate prevention can reduce suicide rates.

What you can do:

- Raise awareness that suicide is preventable.
- Improve education about suicide.
- Spread information about suicide awareness.
- Decrease stigmatization regarding suicide.

Veterans Crisis Line 1-800-273-8255

Veterans Suicide Help line 1-800-273-8255

Events: Out of the Darkness Suicide Prevention Walk
SATURDAY SEPTEMBER 20, 2014, Silver Lake East Park, Rochester, MN 10:00am

Register at the event or online: <https://www.afsp.org/local-chapters/find-your-local-chapter/afsp-southeast-minnesota/out-of-the-darkness-community-walks>

American Legion

3rd Tuesday of each month

315 First Ave NW

Rochester, MN 55901

7pm

Legion Riders

2nd Thursday of each month

7pm

Forty et eight at the American Legion

2nd Tuesday of each month

7pm

Military Order of the Purple Heart

3rd Thursday of each month

6pm

VFW Post Meeting

2nd Tuesday of each Month VFW Post 1215

16 6th Street SW, Rochester, MN 55902

POW/MIA Riders Association, Member Meeting

Saturday, July 12, 11am-1pm, VFW Post 1215

16 6th Street SW, Rochester, MN 55902

Other upcoming local events

DAV Meeting

2nd Monday, of each Month Rochester's Elks Lodge

1652 Hwy 52 N, Rochester, MN 55901

5:30pm dinner, meeting at 6:00pm

Military Marriage Retreat

September 12-14, 2014 Ironwood Springs

Christian Ranch

Call to register: (507) 533-4315

Korean War Veterans

Every Monday at Grandmas Kitchen

1514 N Broadway, Rochester, MN 55906

(Silver lake plaza)

7am

Marine Corp League Meeting

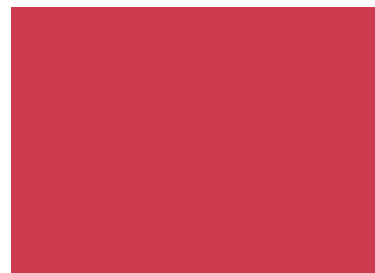
Tuesday, August 26th, 7pm, American Legion

315 First Ave NW, Rochester, MN 55901



Olmsted County Veteran's Services

“To promote the interests and welfare of veterans, their dependents and survivors and to enhance their quality of life through counseling, claims assistance, education, advocacy and special projects.”



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