

*Olmsted County  
Veteran Services  
Veterans Advocate Newsletter  
September 2019*

**All Veteran Service Officers will be out of the Office September 9-11**  
**for our annual Fall VA Training Conference.**

**DAV Chapter 28, Olmsted County Veteran's Services , and Olmsted  
County Parks 9th Annual Disabled Veteran Deer Hunt**

Is offering an opportunity for a limited number of service connected, disabled veterans to deer hunt within the boundaries of Chester Woods Park during the 2019 Deer Firearm season. This hunt is open to all military veterans and active duty military with documented service connected disability and a Minnesota deer hunting license. Final selection of the hunters will be made by the Olmsted County Veterans Services office with priority based on disability rating. Each chosen Veteran will be allowed to sign up and have two dependents hunt with them.

Stop out to the Olmsted County Veterans Service Office to register for the hunt.

2100 Campus Drive SE, Rochester, MN 55904 Or Call 507-328-6355 for more information.



**ATTENTION: The VA Choice Care program contracts with the Mayo Clinic ends September 1<sup>st</sup>, 2019, and the Mission Act currently does not contract for visits or appointments at Mayo Clinic. Beginning September 1<sup>st</sup> All RIDES for Mayo Appointments will cease. Please make appropriate arrangements for rides to Mayo Clinic.**

**DAV needs more volunteer drivers nationwide to meet the growing transportation need of Veterans.**

Without this program, many Veterans would not have access to the VA health care they've earned. DAV has donated a total of 3,517 vehicles to VA medical centers, and the VA has valued DAV hours of volunteer service at nearly \$34.7 million annually—making it an indispensable resource for Veterans and a cost-effective solution for the VA.

## How you can help

If you want to give back to your community and to Veterans that served our country, and their families, and help them attend their health care appointments, volunteer to be a driver for DAV.

## Requirements

- Pass a physical given by a VA Occupational Health provider.
- Have good judgement and ability to solve problems.
- Ability to remain calm under stressful conditions.
- Willing to do minor vehicle inspections for safety.
- Complete an annual VA-sponsored defensive driving class.
- Possess a valid state driver's license and clean driving record.
- Possess personal auto liability insurance.
- Keep DAV van clean inside and out for comfort.

## Duties

- Report to the Voluntary Service Department and DAV personnel.
- Drive Veterans to their health care appointments to VA health care systems
- Coordinate with Veteran passengers on where to meet and the time of their departure to their health care appointment.
- Return Veterans to their original pick up location after their health care appointment.

If you or anyone you may know would like to get involved and drive a DAV van to assist Veterans in getting to and from their health care appointment, please contact Kati Carpenter to learn more: (507) 703-1139 or [kati@davmn.org](mailto:kati@davmn.org)



# VIETNAM VETERANS R&R



## SEPTEMBER 9-11, 2019

Veterans will be welcomed into the serene and supportive setting of Camp Bliss! Come and experience an amazing few days of rest and relaxation. We will take time to relax and enjoy the beauty of 48 acres of incredible pine and hardwood forest in a breathtaking north woods setting on three lakes!

Cost is \$75.00 per person and includes lodging and meals.

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To Register: Fill out the registration on the back and return it with your payment to Independent Lifestyles.

We need to receive your registration ten (10) days prior to Retreat date.



For more information about  
Camp Bliss:  
[www.campbliss.org](http://www.campbliss.org)



The cost to send 1 Veteran to Camp Bliss for a weekend retreat is \$400, which includes lodging and all meals. Because of donations/sales from our 2018 Guns and Goods Raffle, we are able to supplement \$325 per Veteran, up to 50 Veterans.

# VIETNAM VETERANS R & R

## SEPTEMBER 9 - 11, 2019

### Contact Information:

#### 1st Attendee

Name:  
Address:  
City, State, Zip:  
Phone:  
Email:  
Room Type Preference:

#### 2nd Attendee

Name:  
Address:  
City, State, Zip:  
Phone:  
Email:  
Room Type Preference:

Please enclose payment made out to Camp Bliss or to pay by credit card and fill out below:

Type of Card: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ CSC Code: \_\_\_\_\_ Total

Cost: \_\_\_\_\_

IF YOU WILL BE ACCOMPANIED BY A PCA, PLEASE CONTACT US FOR APPLICABLE FEES.

Return Registration to Independent Lifestyles – 215 North Benton Dr. Sauk Rapids, MN 56379 or

email it to [whitneyh@independentlifestyles.org](mailto:whitneyh@independentlifestyles.org) or call us at 320-281-2594.

# Free Financial Literacy Workshops

What are My Triggers  
To Emotional  
Spending?

What are the  
Dangers of  
Credit Cards?

How do  
I start a  
Budget?



## 2019 Fall Schedule!

**September: Wednesday Sept. 10, 2019 8:00 a.m. - 11:00am**  
Hawthorne Education Center \* 700 4<sup>th</sup> Ave SE Rochester, MN 55904

**October: Tuesday Oct. 22, 2019 2:00 p.m. - 5:00 p.m.**  
Hawthorne Education Center \* 700 4<sup>th</sup> Ave SE Rochester, MN 55904

**November: Wednesday, Nov. 13, 2019 5:00 p.m.- 8:00 p.m.**  
Rochester Public Library/ Meeting Room B \*101 2nd St SE Rochester, MN 55904

**December: Wednesday, Dec. 11, 2019 5:00 p.m.- 8:00 p.m.**  
United Way Building/ Meeting Room A \*903 W. Center St Rochester, MN 55902

Take the 1st Step to Financial Wellness  
By Calling (507) 287-2047 Ext 41  
to register

Who Can Help  
Me with My  
Taxes?

How Do I  
Interact with  
Creditors?

# Von Wald Group Home Golf Outing!



46<sup>th</sup> Annual  
Von Wald Group Home  
Easy online registration!

Register yourself or your team at: [180degrees.org/events](http://180degrees.org/events)

46<sup>th</sup> Annual  
Golf Outing  
Thursday, September 12, 2019

11:00 AM Registration  
Box lunches to go  
Noon 18-hole shotgun  
5:30 PM Dinner buffet  
Sponsor recognition  
Silent auction  
Willow Creek Golf Course  
1700 48th Street SW  
Rochester, MN

Questions?  
Contact Julie Leisen, 507-282-4624  
Mail checks to:  
Von Wald Group Home/180 Degrees  
1301 7th Street East, St. Paul, MN 55106



**SATURDAY, SEPTEMBER 14, 2019**  
**9<sup>TH</sup> ANNUAL SE MINNESOTA**  
**"WE WON'T STAY SILENT"**  
**RECOVERY WALK**

**Gather your friends, family or coworkers for the 9th annual  
"We Won't Stay Silent, Recovery Walk"**

**8:00 am: Registration Begins - Arrive Early!**

**8:00 am: Silent Auction opens**

**9:00 am: Walk Begins**

**10:00 am: Kids Activities, lunch & speakers**

**11:00 am: Silent Auction close**

**Come out & support people in Recovery, while enjoying a walk  
with your family, friends & neighbors.**



**PEACE CHURCH**  
**1503 2 AVE NE**  
**ROCHESTER MN**

**SUPPORT THOSE IN  
RECOVERY!**

**FREE REGISTRATION  
ON EVENBRITE APP**

**KIDS ACTIVITIES**  
**BOUNCE HOUSE**  
**FOOD**  
**SILENT AUCTION**

**RECOVERY  
RESOURCES**

**RECOVERY IS  
HAPPENING**

For more info contact  
Billie 507-358-4761  
billie@rih.me/www.rih.me

**Register at  
Eventbrite**

## Third Judicial District Veterans Treatment Court



Serving the Counties of:

**Dodge, Fillmore, Freeborn,  
Houston, Mower, Olmsted, Rice,  
Steele, Wabasha, Waseca, and  
Winona**

*"The Mission of the Third Judicial District Veterans Treatment Court is to identify veterans within the criminal justice system and honor their sacrifice and service by providing a collaborative, judicially supervised, mentor-oriented, treatment regime with the goal of enhancing public safety by stabilizing, rehabilitating and reintegrating dependence-free veterans back into our community utilizing federal and community resources. This is done through collaboration with the Department of Veterans Affairs (VA), community-based services, and the criminal justice system."*

### Veterans Court Goals

- ✓ Reduce contacts with the criminal justice system
- ✓ Increase compliance with treatment and other court ordered conditions
- ✓ Improve access to VA benefits and services
- ✓ Improve family relationships and social support connections
- ✓ Introduce participants to an ongoing process of recovery to achieve and maintain life stability

### Veterans Court Services

- ✓ One-on-one judicial supervision
- ✓ Ready access to County Veterans Service Office and qualifying VA services
- ✓ Intensive probation supervision
- ✓ Substance abuse, mental health, family and other counseling
- ✓ Random drug and alcohol testing
- ✓ Medication monitoring and social services
- ✓ Employment and housing assistance
- ✓ Volunteer Peer Mentoring

### Volunteer Peer Mentors

The role of the Volunteer Peer Mentor is to act as a coach, guide, role model, advocate and a supportive person as the participant progresses through the veteran's court process. Experience in other courts has shown that veterans are likely to respond more favorably toward another veteran rather than someone who did not have similar experiences. By partnering each participant with a mentor of similar military background, it is anticipated that this active supportive relationship will increase the likelihood that the veteran will remain in treatment and improve his or her chances for sobriety and law abiding behavior.

### Volunteer Peer Mentors Needed

If you are interested in becoming a peer mentor and assist the veteran's court participants, please contact the Third Judicial District Veteran's Court Coordinator for more information.

Basic eligibility requirements and commitment is:

- ✓ Must be a veteran of one of the branches of the U.S. military
- ✓ Complete the screening process
- ✓ Completed initial mentor training
- ✓ Agree to adhere to the Third Judicial District Veteran's Court policies and procedures
- ✓ 6 month minimum commitment to mentor
- ✓ Attend court sessions

### A Partnership of:

U.S. Department of Veterans Affairs  
Third Judicial District Court  
County Attorney's Offices  
County, State Probation/Corrections  
Human Services Departments  
County Sheriff's Departments  
City Law Enforcement

### For More Information, please contact:

Third Judicial District Veterans Court  
411 South Broadway  
Albert Lea, MN 56007  
Phone (507) 377-5138 ext. 0

# VA Education and Training

## Yellow Ribbon Program

The Post-9/11 GI Bill will pay you:

- all resident tuition & fees for a public school
- the lower of the actual tuition & fees or the national maximum per academic year for a private school

Your actual tuition & fees costs may exceed these amounts if you are attending a private school or are attending a public school as a nonresident student. Institutions of Higher Learning (Degree Granting Institutions) may elect to participate in the Yellow Ribbon Program to make additional funds available for your education program without an additional charge to your GI Bill entitlement.

Degree-granting institutions of higher learning participating in the Post-9/11 GI Bill Yellow Ribbon Program agree to make additional funds available for your education program without an additional charge to your GI Bill entitlement.

These institutions voluntarily enter into a Yellow Ribbon Agreement with VA and choose the amount of tuition and fees that will be contributed. VA matches that amount and issues payments directly to the institution.

## Available Benefits and Eligibility

To receive benefits under the Yellow Ribbon Program you must be eligible for the maximum benefit rate under the Post-9/11 GI Bill.

This includes:

- Those who served 36 months (may be aggregate) on active duty
- Purple Heart recipients with an honorable discharge and any amount of service
- Those discharged after 60 days with a service-connected disability and served 30 continuous days after Sept. 10, 2001
- Children using transferred benefits
- Children using transferred benefits if their servicemember transferor is at the 100 percent level (36 months served)
- Effective August 1, 2022, servicemembers at the 100 percent level and transferee spouses whose transferor is at the 100 percent level

Also

- Your school must agree to participate in the Yellow Ribbon Program
- Your school must have not offered Yellow Ribbon to more than the maximum number of individuals, as stated in their participation agreement
- Your school must certify your enrollment to VA and provide Yellow Ribbon Program information

You are not eligible if:

- You are an active duty Servicemembers or their spouse.

# MDVA Education and Training

**MDVA's Higher Education Veterans Programs** helps connect you with educational benefits and resources to succeed in college. We support the success of Veterans, current military members and their families at Minnesota's colleges and universities by providing on-site comprehensive information about benefits and resources as well as creating institutional readiness in support of the unique needs of these students.

This nation-leading program provides staff at colleges and universities throughout Minnesota to help identify and remove barriers to Veterans' enrollment and access to benefits, as well as to create and manage campus Veterans resource centers.

In 2006, the Minnesota Legislature passed a number of initiatives addressing the unique needs of students who are Veterans. In order to assist Minnesota's colleges and universities fulfill these requirements, the MDVA created the Higher Education Veterans Programs. The program consists of a director and regional coordinators located throughout the state.

Specifically, the Higher Education Veterans Program coordinators help schools establish Veteran friendly policies and procedures. They can also help with things like:

- Payment extensions while awaiting properly applied for educational benefits
- Military transfer credit
- Veteran resident status
- Options for withdrawal from classes due to deployment

On-campus Veterans Resource Centers are unique to Minnesota and provide an environment where Veterans, military members and their families feel welcome. They also provide space for interaction with other Veterans and family members of Veterans. This space is a way for Veterans to connect with each other and representatives from the Higher Education Program.

**Minnesota GI Bill program** provides assistance to eligible Minnesota Veterans, currently serving military, National Guard and Reserve members who served after September 11, 2001 and eligible spouse and children. The Program provides a maximum benefit of \$10,000, up to age 62. Eligible participants can use the benefit in Higher Education, On-the-job training (OJT)/Apprenticeship or License and Certification.

This program is different than the Federal GI Bill (Montgomery, Post 9-11, Veterans Education Assistance Program, Dependents Education Assistance Program, or Vocational rehabilitation).

**For more information, contact the MDVA Southeast Regional Education Coordinator, Mark Larsen at: 507-779-9375 or [mark.larsen@state.mn.us](mailto:mark.larsen@state.mn.us)**

# STUDY EDGE

## Veterans Study Smarter, Not Harder for Free with Study Edge

**Study Edge announces a Free Semester to all Veterans.**

"All of us at Study Edge are thrilled to give Veterans across the country a free semester as a token of our appreciation for their tremendous sacrifice for this country. We are forever grateful for the dedication of these brave men and women and want to do our part in recognizing their commitment. As the son of two Navy Veterans, I am very proud that we are able to offer these services completely free to the men and women who so bravely protected this great country," said Ethan Fieldman, Founder and President.

**Study Edge provides:**

- A supplemental online resource... for when you didn't quite understand the lecture, even though you were definitely paying attention. Veterans may also download study guides specific to their course, watch online video explanations, and answer practice questions to check their understanding.
- A tutoring service... for those that prefer a more individualized approach with the attention that comes from a private tutor—but without the high price of one to one in-person services. Veteran students have access to Concept Videos for their specific courses, facilitated by their Study Experts, that employ the most effective practices of instruction and that deliver content in a way that's simple and easy for anyone to understand—no matter how many years removed from college.
- A convenient, easy-to-access study tool... for Vets with busy lives and barely any time to spare. Study Edge content is available 24 hours a day, 7 days a week. Students can access Study Edge resources on-the-go, wherever they are, and at any time of the day or night via their web and mobile app, making it possible to incorporate even a few minutes of study time into any busy schedule.

<https://studvedge.com/landing/>

# LOOKING FOR VOLUNTEERS



## IMAA Match Program

Do you enjoy getting to know other cultures? Do you want to connect with other cultural communities but not sure how to? Volunteer with IMAA to mentor a new refugee or immigrant family to integrate into the community.

Worried about not having the cultural training you need? IMAA is here for you!

Below are the only required expectations and IMAA takes care of the rest!



### 1 OPEN TO NEW EXPERIENCES

"We are all different. Don't judge, understand instead." - Roy T. Bennett

### 2 DEPENDABLE

"Action springs not from thought, but from a readiness for responsibility." - Dietrich Bonhoeffer.

### 3 COMPASSIONATE

"All I ever wanted was to reach out and touch another human being not just with my hands but with my heart." - Tahereh Mafi

### 4 EMPATHETIC

"Empathy is seeing with the eyes of another, listening with the ears of another and feeling with the heart of another." - Alfred Adler

### 5 RESPECTFUL

"A person's a person no matter how small." - Dr. Seuss

### 6 PATIENT

"With time even a bear can learn to dance." - Yiddish saying

## Are you ready to dive into a new experience?



Contact Susan Haskamp at [susan.haskamp@imaa.net](mailto:susan.haskamp@imaa.net), 507-289-5960 ext. 101, or [imaa.net](http://imaa.net)



**ROCHESTER VA RED CARPET EVENT**  
**REMEMBER THE VA HAS MOVED!!!**

Would you like to learn how to navigate the VA system? Come join us for an informational meeting for new and established patients.

Some of the topics that will be covered:

- **Primary Care** including chronic disease management, patient education, and health promotion
- **Immunizations**
- **Mental Health Services** with on-site staff and telemedicine capability linked to providers in Minneapolis
- **Tele-Healthcare** with Minneapolis providers
- **Laboratory Services**
- **Minor Procedures**
- **Women's Health Care**
- **Mental Health**
- **Co-Managed Care**
- **Pharmacy Management**

**Thursday, September 19, 2019**

Every 3<sup>rd</sup> Thursday of the month in room 117, at **2:00pm**

At the Rochester VA Clinic  
3551 Commercial Drive SW

Rochester MN 55902

# MedExpress

## Should a sore throat or a rash send a Veteran to the emergency department or an urgent care center?

Sometimes it's difficult to be sure. Urgent care centers, whether at a VA Health Care System or one located in a community, provide easy access to quality health care when a Veteran does not have time to wait to see a regular primary care provider or their office is closed.

If a Veteran lives close to the VA Health Care System, choosing to visit an urgent care center may be best if the illness or injury is **non-life-threatening**.

For life-threatening emergencies, such as stroke symptoms or head trauma, they require a visit to your closest emergency department. A minor injury or illness that does not appear to be life threatening and cannot wait until the following day should be treated at an urgent care center.

As part of implementing the VA MISSION Act of 2018, VA started offering urgent care services to provide Veterans with greater choice and access to timely, high-quality care. To find an urgent care center, visit VA Urgent Care Locator.

### When should a Veteran go to an urgent care center?

For acute symptoms such as, sinus infections, sore throats, rashes, low back pain, or urinary tract infections to treat those minor illnesses or injuries. Some other examples of non-emergent care include:

### When should a Veteran go to an emergency department?

An emergency condition is one that can permanently endanger a Veteran's life. Some examples of conditions that need emergency medical care can include:

If a Veteran is experiencing a life-threatening injury, dial 911 immediately. Emergency department visits are necessary for true emergencies. If greater care is required, VA health care physicians will transfer Veterans directly to a hospital emergency room for further treatment.

Medexpress Rochester is the VA contract Urgent Care facility. MedExpress Urgent Care

5507 Chateau Road, NW, Rochester, MN 55902

p: 507-286-8870

For first visit here is what you will need:

- VA medical ID card and second photo ID (DL or state ID card)
- Current Medication list

## **MY MILITARY REWARDS**

**You served with honor**

**You earned your rewards**

Simply go to the "App Store" or "Google Play Store" depending if you have an iPhone or android phone and search "**My Military Rewards**" load it up and start enjoying the discounts that you earned. To date we have approximately 200,000 locations across the country waiting for you to visit, with many more being inputted every week. It cost absolutely nothing and is totally anonymous, we collect zero information when signing up. All we ask is that you pass the app. along to our fellow vets so that they to can enjoy. If you would like to visit our website, go to:

[www.mymilitaryrewards.com](http://www.mymilitaryrewards.com)

From one Viet Nam Vet to another Vet thanks!



# GOLD STAR WEEKEND



## SEPTEMBER 20-22, 2019

We invite families of military fallen from all wars (Iraq, Afghanistan, Desert Storm, Vietnam, Korea, WWII and conflicts in-between) to be our guests for an amazing weekend planned exclusively for you and your family at Camp Bliss, Walker, MN. You will have time to share your stories with fellow Gold Star Families, relax and laugh together and make wonderful new friends. The way you spend your time is up to you!

Numerous activities including canoeing, fishing, nature walks, paddle boarding, kayaking, biking and hiking, and too many more to list.

Cost is \$100 per family for the weekend and includes lodging and all meals. The weekend is limited to a total of 25 people including children.

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**To Register:** Fill out the registration form and return it with your payment to Independent Lifestyles.

We need to receive your registration ten (10) days prior to retreat date



For more information about  
Camp Bliss:  
[www.campbliss.org](http://www.campbliss.org)



The cost to send 1 Veteran to Camp Bliss for a weekend retreat is \$400, which includes lodging and all meals. Because of donations/sales from our 2018 Guns and Goods Raffle, we are able to supplement \$325 per Veteran, up to 50 Veterans.

GOLD STAR FAMILY WEEKEND SEPTEMBER 20-22, 2019

**CONTACT INFORMATION:**

**Attendee**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Relationship to Hero: \_\_\_\_\_

**Additional Family Members Attending Age if under 18:**

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Fallen Hero's Name: \_\_\_\_\_

Please enclose payment made out to Camp Bliss or to pay by credit card fill out below:

Type of Card: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ CSC Code: \_\_\_\_\_ Total Cost: \_\_\_\_\_

Return Registration to Independent Lifestyles – 215 North Benton Dr. Sauk Rapids, MN 56379 or email it to [LoriO@independentlifestyles.org](mailto:LoriO@independentlifestyles.org) or call us at 320-281-2016.



SEMCIL, and Olmsted County Veteran Services is offering a support group for Veterans that have been diagnosed with PTSD, or those who have signs and symptoms of PTSD, and their family members. Sometimes the most painful injuries aren't physical. Whether it's PTSD, TBI, combat stress, or any other mental health condition, we're here to help you get through it. The group will be facilitated by Jennifer Shumaker, Veteran and Olmsted County Veterans Service Officer.

**Thursday, September 26th, 2019**

**630pm-800pm**

**VFW**

**2775 43rd Street NW**

**Rochester, MN 55901**

**Jennifer Shumaker**

**(507) 328-6324**

**[shumaker.jennifer@co.olmsted.mn.us](mailto:shumaker.jennifer@co.olmsted.mn.us)**

# LOCAL MEETINGS

## **Rochester American Legion Post 92**

915 21st Ave SE  
Rochester, MN 55904  
3rd Tuesday of each month  
7pm

Auxiliary Unit 92  
3rd Tuesday of each month  
5:30pm  
Sons of the American Legion  
2nd Thursday of each month  
6PM

Legion Riders  
3rd Thursday of each month  
7pm  
Marine Corps League  
2nd Thursday of each month  
7pm

**Rochester VFW Post Meeting**  
2nd Tuesday of each Month VFW Post 1215  
2775 43rd St. NW  
Rochester, MN 55901  
7pm

**Byron American Legion Post 119**  
3rd Monday of the month  
7pm  
505 Frontage Road NW, Byron, MN

**Vietnam Veterans of America**  
Meets 4th Monday each month  
at 7:00pm,  
**Vietnam Veterans Spouse Support Group**  
Meets 4th Monday each month  
At 7:00pm  
**Thor Detachment 606 Marine Corp League Meeting**  
4th Tuesday of the month, 7pm  
MOPH  
3rd Thursday of the month 6pm  
VFW Post 1215  
2775 43rd St NW, Rochester, MN 55901

**Stewartville American Legion Post 164**  
Meeting 3rd Monday each month, 7:30pm  
1100 2nd Ave NW, Stewartville

**Stewartville VFW Post 8980**  
Meeting 1st Monday each month, 7pm  
1100 2nd Ave NW, Stewartville

## **DAV Meeting**

2nd Monday, of each Month Rochester's Elks Lodge  
1652 Hwy 52 N, Rochester, MN 55901  
5:30pm dinner, meeting at 6:00pm

## **Korean Veterans**

Every Monday at Grandmas Kitchen  
1514 N Broadway, Rochester, MN 55906  
(Silver lake plaza)  
8 AM

**Kasson American Legion Post 333**  
Third Thursday of the month, 8pm  
212 West Main Street , Kasson, MN 55944

**Chatfield VFW Post 6913**  
2nd Monday of the month  
9- 2nd St SW, Chatfield, MN

**Gulf War Veterans of America**  
1st Monday of each month  
7pm, at the Rochester American Legion, Post 92  
315 First Ave NW  
Rochester, MN 55901

**Eyota American Legion Post 551**  
2nd Monday each month 6:30pm  
11 Madison Ave NW  
Eyota, MN 55934  
Legion Riders  
4th Wednesday each month 7:30pm

**Pine Island American Legion Post 184**  
2nd Monday of the month 7PM  
108 1st Ave SE  
Pine Island, MN

**Oronoco VFW Post 9647**  
First Monday of each month 7pm  
Auxiliary meeting same time, separate meeting  
5 MN Avenue S  
Oronoco, MN 55960

*“To promote the interests and welfare of veterans, their dependents and survivors and to enhance their quality of life through counseling, claims assistance, education, advocacy and special projects.”*