

Olmsted County

Veteran Services

Olmsted County Veteran Services
2100 Campus Drive SE, STE 200
Rochester, MN 55904
(507) 328-6355

VETERANS ADVOCATE

DECEMBER 2018

Pearl Harbor

Remembrance Day

December 7, 2018



Olmsted County Veteran's Services

MN STATE VETERANS CEMETERY - PRESTON

DEDICATION

6 Passenger Electric Vehicle



Join the Minnesota State Veterans Cemetery – Preston as we dedicate and display the recently donated 6 passenger electric vehicle to be used for tours and visits at the Preston cemetery location.

Saturday, Dec. 1, 2018

10 am – 11 am

715 HWY 52

Preston, MN 55965



For more information, please call:

(507) 765-7320



Olmsted County Veterans van transportation will cease to exist beginning 1 January 2019. The last scheduled Veterans van trip is 31 December 2018. The Disabled American Veterans transportation program is taking over veteran's transportation to VA medical appointments for area veterans. There could be minor disruption for veterans for their VA medical appointments until this program is built.

For this program to be successful, consider **volunteering** one day a month as a volunteer driver. Please contact DAV SE MN Transportation Coordinator Kati Carpenter (507)-703-1139 or email kati@davmn.org to become a volunteer. Kati is collocated in Olmsted County at the 2100 building.





Minnesota Assistance Council for Veterans, in partnership with the law firm of Ballard Spahr LLP & US Bank, invites you to participate in a:

FREE DROP-IN LEGAL CLINIC FOR VETERANS

HOUSING, EMPLOYMENT, BENEFITS, EXPUNGEMENT, WILLS, DEBT COLLECTION, FAMILY LAW INCLUDING CHILD SUPPORT

Tuesday, December 11, 2018 | 9am - 2pm | VA Medical Center
Flag Atrium Balcony Room 2S 114 (ask information desk for directions)
1 Veterans Drive | Minneapolis, MN | FREE Parking at the VA Medical Center

Attorneys, MACV staff, County Veterans Service Officers, and child support officers will be available throughout the day to assist veterans with questions, legal forms, and counsel.

For more information contact: Vetlaw Program – MACV | 651-200-4750

Disclaimer: VA assumes no responsibility for the attorneys providing services at this clinic.
This referral does not constitute a recommendation or endorsement by VA.



Contributions & Sponsorships

We are now accepting sponsorships. Please use the form below to submit your contribution. Please phone or E-Mail us and we will answer any questions or concerns you might have to insure your grave specific request is honored.

Organization or company name _____

Contact or individual name _____

Address: _____

City: _____

State: _____ Zip: _____ - _____

Phone: _____

E-Mail: _____



Minnesota State Veterans Cemetery

(We don't share your e-mail address with anyone)

Sponsorship	Price	Qty	Total
Hand made and placed Wreath	\$20 ea		
Additional Contribution	For a veteran that has no family		
WreathsForTheFallen.org ID # 27-4694637	(A Non Profit Corp)	GrandTotal	

Paid for by Check # _____ Date: _____ A 501 (c) (3) contribution receipt will be sent for all contributions of \$250 and up per IRS rules.

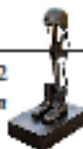
(Please make your check out to Wreaths, and mail to 5244 Ashdale Ln, Baxter MN 56425)

Full Name(s) of Person(s) to be honored	Date of Birth	Date of Death

"It's not about Us - It is about Them"

To use PayPal or a credit card please visit us on the web at:
www.WreathsForTheFallen.org™

National Remembrance Ceremony
3rd Saturday in December; 11 AM CST
Minnesota State Veterans Cemetery · Little Falls, Preston and Duluth · Minnesota



Wreaths for the Fallen

Minnesota State Veterans Cemetery - Preston

Wreaths for the Fallen coordinates wreath--laying ceremonies around Minnesota.

The Preston State Veterans Cemetery Wreaths Across America Ceremony will be held on Saturday, December 15th at 11am.





Dental Care: The current TRICARE Retiree Dental Program (TRDP) will end Dec. 31, 2018, and will be replaced by the Federal Employees Dental and Vision Insurance Program (FEDVIP) dental coverage options. Vision plans will also be available to eligible TRICARE beneficiaries through FEDVIP. The first opportunity to enroll in FEDVIP is during the 2018 Federal Benefits Open Season, which began on Nov. 12, 2018, and runs through Dec. 10, 2018. Coverage begins on Jan. 1, 2019. In general, retired uniformed service members and their families who were eligible for TRDP in 2018 are eligible for FEDVIP dental coverage, and if enrolled in a TRICARE health plan, FEDVIP vision coverage, beginning in 2019. Family members of active-duty uniformed service members who are enrolled in a TRICARE health plan are eligible for FEDVIP vision coverage.

Make this change at: <https://tricare.mil/fedvip>

Or call: 1-888-838-8737

For more information: <https://www.trdp.org/>

TRICARE Prime and Select Open Season: TRICARE has kicked off its first open season where Prime and Select beneficiaries can enroll in or change their health care coverage plan for 2019. The open season period will last from now until Dec. 10 and any changes made during this period will become effective on Jan. 1, 2019. If you are satisfied with your current plan, then your coverage will continue automatically for 2019, as long as you remain eligible for coverage. Go here for more information about the open season and how to modify your existing health plan: <https://health.mil/News/Articles/2018/10/18/Take-Command-TRICARE-Open-Season-Begins-Nov-12>

Co-Managed Care Minneapolis

VA Health Care System

What is co-managed care?

If you receive health care from both VA and non-VA providers you are receiving co-managed care.

If you are receiving medications from a local provider, make an appointment with your VA provider, and bring a list of medications.

If you receive a new prescription or equipment request from your non-VA provider that provider must provide

- A prescription for the medication or an order for the equipment or supply needed
- Dose for medications
- Directions for use
- Clinical documentation to include clinic notes and labs or other test results, and the reason for a new or changed prescription or for the equipment being requested.

Phone number: 612-467-1100 Toll Free: 866-414-5058

FAX: 612-713-6796

Rochester VA Red Carpet Event



Would you like to learn how to navigate the VA system? Come join us for an informational meeting for new and established patients.

Some of the topics that will be covered:

Co-managed care

Mental health

Women's health

Thursday, December 20, 2018

Every 3rd Thursday of the month in room 117, at **2:00pm**

At the Rochester VA Clinic, ****NOTE NEW ADDRESS****

3900 Fairway PL NW

Rochester MN 55901

Please call CVSO's at 507-328-6355



Olmsted County Veteran's Services



SEMCIL, and Olmsted County Veteran Services is offering a support group for Veterans that have been diagnosed with PTSD, or those who have signs and symptoms of PTSD, and their family members. Maybe you need to talk or just be in the company of your extended Veteran family. The support group will be a place for Veterans to share, heal and talk about their experiences in dealing with PTSD. We will be there for each other. We are our brothers and sisters keepers because the oath we took to never leave a fallen comrade has no expiration date. For many of us, combat veterans, there are daily reminders of combat stress. The group will be facilitated by Jennifer Shumaker, Veteran and Olmsted County Veterans Service Officer.

PTSD Support group

Tuesday, December 18th, 2019

(POTLUCK, Bring a dish to pass if you would like, not necessary to attend!)

630pm-830pm

NEW LOCATION

VFW

**2775 43rd Street NW
Rochester, MN 55901**

Jennifer Shumaker

(507) 328-6324

shumaker.jennifer@co.olmsted.mn.us

Rochester American Legion Post 92

3rd Tuesday of each month

7pm

Sons of the American Legion

2nd Thursday of each month

6pm

Legion Riders

3rd Thursday of each month

7pm

Forty et eight at the American Legion

2nd Tuesday of each month

630pm

Marine Corps League Auxiliary

2nd Thursday of each month

7pm

315 First Ave NW

Rochester, MN 55901

Rochester VFW Post Meeting

2nd Tuesday of each Month VFW Post 1215

2775 43rd St. NW

Rochester, MN 55901

7pm

Byron American Legion Post 119

3rd Monday of the month

7pm

505 Frontage Road NW, Byron, MN

Vietnam Veterans of America

Meets 4th Monday each month

at 7:00pm,

Vietnam Veterans Spouse Support Group

Meets 4th Monday each month

At 7:00pm

Thor Detachment 606 Marine Corp League Meeting

4th Tuesday of the month, 7pm

MOPH

3rd Thursday of the month 6pm

VFW Post 1215

2775 43rd St NW, Rochester, MN 55901

Stewartville American Legion Post 164

Meeting 3rd Monday each month, 7:30pm

1100 2nd Ave NW, Stewartville

Stewartville VFW Post 8980

Meeting 1st Monday each month, 7pm

1100 2nd Ave NW, Stewartville

DAV Meeting

2nd Monday, of each Month Rochester's Elks Lodge

1652 Hwy 52 N, Rochester, MN 55901

5:30pm dinner, meeting at 6:00pm

Korean War Veterans

Every Monday at Grandmas Kitchen

1514 N Broadway, Rochester, MN 55906

(Silver lake plaza)

8 AM

Kasson American Legion Post 333

Third Thursday of the month, 8pm

212 West Main Street , Kasson, MN 55944

Chatfield VFW Post 6913

2nd Monday of the month

9- 2nd St SW, Chatfield, MN

Gulf War Veterans of America

1st Monday of each month

7pm, at the Rochester American Legion, Post 92

315 First Ave NW

Rochester, MN 55901

Eyota American Legion Post 551

2nd Monday each month 6:30pm

11 Madison Ave NW

Eyota, MN 55934

Legion Riders

4th Wednesday each month 7:30pm

Pine Island American Legion Post 184

2nd Monday of the month 7PM

108 1st Ave SE

Pine Island, MN

Oronoco VFW Post 9647

First Monday of each month 7pm

Auxiliary meeting same time, separate meeting

5 MN Avenue S

Oronoco, MN 55960



“To promote the interests and welfare of veterans, their dependents and survivors and to enhance their quality of life through counseling, claims assistance, education, advocacy and special projects.”



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SE, Suite 200
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